JOIN US FOR...

HOP 101S

MINI PRESENTATIONS ABOUT CAMPUS LIFE!





2:15-3:00 PM

SESSION DETAILS

	Presentation & Location	Description
	Interested in Business? Declare a Business Minor! Mergenthaler 111	Are you interested in pursuing a career in consulting, business, finance, economics, marketing, accounting, or entrepreneurship? Do you want to become a manager or business leader – or start and manage your own business? This information session will provide you with an overview of the requirements of the Business Minor offered by the Carey Business School, as well as help you understand the benefits of pursuing this program. There will be a Q&A after the presentation!
	Breathe and Be Present: a Mindful Walk through Homewood Campus Rec Center	Join Health Promotion and Well-Being and the Office of Sustainability for a Mindful Walk around the Homewood Campus. This outing will give you a chance to take a break from the stress of orientation while practicing mediation, learning about sustainable spots on campus, and getting acclimated to your new space!
		Come meet the leadership team of The Flock, the Johns Hopkins student section!





Meet the Flock

Meet the Flock Wyman Quad	Learn about how we promote athletic events and student well-being through our Instagram (@jhu_theflock), giveaways, and gameday events!
Designing Your First Year at Hopkins Remsen 101	Wondering what you can do with your major? Should you find a research opportunity? How do you update your High School resume? If you have any of these questions, and more, GREAT! You're not alone. Come to the Life Design Lab to begin designing your Hopkins journey. We'll introduce you to the design thinking process and the tools and resources that the Life Design Lab has to offer at Johns Hopkins University.
Freshman Fellows Info Session MSE Library, Macksey Seminar Room	Learn all about Freshman Fellows, an amazing paid research opportunity (hello \$1,000!) available exclusively to first-year students! Students accepted into the program conduct original research with super-rare books and manuscripts, and receive mentoring from Special Collections staff. Meet the mentors, learn about this year's fabulous research projects, and see some of the rare materials you can work with!
Welcome to the Digital Media Center Digital Media Center	Learn about all the resources the DMC has to offer! Get a tour of our lab which includes 3D printers, large-format photo printers, vinyl cutting, audio recording facilities, equipment checkout and VR gaming space. Everyone who attends will become a member and be able to start using the DMC's free resources immediately!
Privilege of Relationships with Thread Krieger 170	Listen to a series of thought-provoking statements modeled after a traditional "privilege walk"but this "walk" is done personally and provides individual participants with an opportunity to reflect on the relationships they have (and don't have). This session prompts personal and group reflections on the role of social capital in our lives and how those with many relationships have a thriving network of people who are there to help build self- determination and support when barriers to personal goals arise.
Living & Learning in Baltimore with Baltimore Collegetown Gilman 132	Welcome to Baltimore! New to the city or new to the area? We've got you covered. You can learn more about Baltimore as a city, a college town, and a great place to live. We will share information on neighborhoods, and resources in Baltimore, along with some of our staff picks on things to do, see, and eat. So bring your curiosity and your questions - there is a lot to learn!
Getting Started in Research Imagine Center	We know that many undergrads choose Hopkins because of access to the world class research happening here. Learn how to get started, including the Who, What, When, Where and How for all things Undergraduate Research!
Let's Talk About Sex, Connections, and Consent! Gilman 55	Presented by Health Promotion and Well- Being, this presentation will provide a foundation for welcoming healthy relationships by describing what healthy v. unhealthy relationship behaviors may look like, defining and communicating what consent means to each individual and how to practice these behaviors within your own lives. Topics mentioned during this presentation will include information about different types of relationships and how to foster them, basic sexual well-being, consent and how this aspect of their health affects their total well-being.







