## JHU Counseling Center Presents

## Yoga As Healing



A Mind/Body Yoga Therapy Group For People Who Have Experienced Trauma

With Nila Mechali Berger, E-RYT200 and Karen Taylor, LCSW-C

Fridays 9:15-10:45 AM on Zoom Feb. 25- Apr. 8, 2022

Open to full-time Homewood and Peabody students.

Please contact the Counseling Center ASAP for more information and to sign up for a group screening interview.

410-516-8278